

# NEWS BULLETIN

April 8<sup>th</sup>, 2009

## Family Physiotherapy Centre (FPC) celebrates a major Accomplishment!

Ottawa, Ontario

With humble beginnings dating back to 1999, Family Physio pioneered the delivery of Physiotherapy Services to seniors living in Long Term Care and Retirement Homes in Ottawa and Eastern Ontario. Today FPC is celebrates an accomplishment which would have been impossible to forecast 10 years ago.

As of April 1, 2009 locally owned and operated Family Physiotherapy Centre is delivering Physiotherapy and Fitness Programming to over **6000** seniors!

Steve Brown (FPC President) noted that this number should reach 10,000 by this time next year and also expressed his gratitude for the confidence and trust that both LTC and Retirement Home owners have bestowed on FPC.

Family Physio delivers Physio and Fitness Programming to seniors via it's proprietary "**Forever Young Physio and Fitness Program**"

Family Physio also delivers Physio and Fitness programming to independent living seniors in a variety of locations in Ottawa, Brockville and Cornwall. The **Forever Fit Physio and Fitness Program** is designed to keep seniors healthy with an emphasis on Fall Prevention/Recovery and Injury Prevention.

**Call us today to find out more about our Senior's Physio and Fitness Programming options.**

**613-521-9800**

[www.familyphysio.com](http://www.familyphysio.com)

*"Minimizing Pain and Maximizing Mobility"*