

Frequently Asked Questions

Do I Need a Doctor's Referral?

A doctor's referral is not required before making an appointment with FPC and to be treated at any of our Wellness Centres. Having said this, if you have a private insurance plan that covers physiotherapy you may be required to have a doctor's referral before seeking physiotherapy treatment.

Do you offer OHIP coverage?

Please refer to insurance section on our website:

<http://www.familyphysio.com/en/insurance-programs>

How long does it take?

The first visit is an Initial Assessment which is designed to assess the injury, review your health history and identify the appropriate treatment plan followed by an initial treatment.

This process can take up to 1 hour to 1 and ½ hour.

The number of follow up visits is a variable that is dependent on the extent and complexity of the injury and the Outcome Measure evaluation.

What are the therapy services available at your Wellness Centres?

We offer:

Physiotherapy

Massage Therapy

Reflexology

Orthotics

Healing Yoga

Fitness Programming (Thurston Rd Location)

Nutrition Analysis and Coaching

Can I cancel an appointment?

Life does get in the way sometimes hence provided that we are advised 24 hours in advance there is no charge, however failing to attend an appointment without the 24 hours advance notice will result in you being billed for the appointment as we held this appointment time exclusively for you.

What should I wear when I attend my appointments?

Always wear loose fitting clothing or comfortable clothing that allows easy access to the area of the body that the Therapist needs to assess or treat.